

Holy Spirit Catholic Elementary School

315 Stone Road, Aurora, ON L4G 6Y7 Telephone: (905) 713-6813 • Fax: (905) 713-6744

Sunday, February 21st, 2021

Dear Parent(s)/Guardian(s),

I would like to take the opportunity to thank everyone in our school community who continue to wear their mask while on school property to help support our public health safety measures. I thank you for your continued cooperation.

Please see the information below for the upcoming week of February 22nd, 2021.

Elementary Students Daily COVID-19 Self-Screening

On a daily basis before leaving home, parents/guardians are responsible for conducting the COVID-19 School and Child Care Screening Tool with their child. This is a self-assessment to be completed before attending school. If your child has even one symptom of COVID-19 or answers yes to any of the questions on the screening tool, please do not send them to school, seek assessment and testing at a COVID-19 Assessment Centre and notify the school. Please see the visual reference below.

Pink Shirt Day on Wednesday

Inspired by an act of kindness in small-town Nova Scotia, Pink Shirt Day is now recognized across Canada. This Wednesday is a day to raise awareness about bullying and asks all students to come together to work towards stopping it. As part of our anti-bullying initiative this year we also look forward to virtually welcoming back BRAVE and their anti-bullying workshops for our students from Kindergarten to Grade 8.

Canadian Multicultural Inventor Museum Presentations

This past Friday morning, author Emerita Emerencia joined our Kindergarten to Grade 3 classes to share her knowledge of black history through oral story telling. In the afternoon, our Junior and Intermediate classes were brought on a journey to explore some of the global contributions of African-Canadian inventors with Mr. Robin Clarke. We would like to take the opportunity to thank the Canadian Multicultural Inventors Museum for facilitating these two virtual opportunities for our students.

Staff Parking Lot

When dropping off students in the morning or picking them up in the afternoon all parents are asked to use the Kiss and Ride. In the morning, the parking spots are limited and needed by all of our school staff. If you need to park, please use street parking that is available or the parking spots located at the front of the school. We thank you for your co-operation.

Mental Health & Well-Being Information

As we continue to navigate the pandemic it is important to support students with managing anxiety and stress. The YCDSB Mental Health Website and Twitter account have great resources and links to community partners to help support families during this time.

A great place to begin may be to use an app with your child/children that teach them about mental health strategies. Apps such as Calm, Headspace, Mind Shift CBT and SBT Breathe.

Please visit the YCDSB's mental health web page for much more information.

YCDSB Mental Health Web Page

Also, St. Joseph Aurora is hosting a virtual parent information night on March 3 titled, "Helping Your Child Tackle Stress & Anxiety". Lisa Wood from the Canadian Mental Health Association will be sharing strategies to help children deal with anxiety and promote health and wellness. There will be a Q and A following the presentation. You can find information on the flyer attached below and join the session by accessing this link: Canadian Mental Health Association Presentation

Transportation

A reminder that students must wear masks when riding the bus. Students must also wear masks when they await the bus at their designated pick up location.

Twitter & School Website

For information, including the parent weekly updates, please visit our website at <u>Holy Spirit School Website</u> You can also follow us on Twitter: **@HST_YCDSB**

Yours in Catholic Education,

Mr. A. Modica

Principal

anthony.modica@ycdsb.ca

Upcoming Events

Monday, February 22nd, 2021	
Tuesday, February 23rd, 2021	
Wednesday, February 24th, 2021	Pink Shirt Day In Support of Anti-Bullying
Thursday, February 25th, 2021	
Friday, February 26th, 2021	

Staying Safe @School

Changes to Covid-19 Practices

The Ministry of Education and York Region Public Health recently made the following changes for schools, effective February 16, 2021.

One Symptom



If you have just ONE Covid-19 symptom you must stay home from school and get tested at an Assessment Centre.

More Masks



All staff and students in **Grades 1-12 must wear a mask** on school property throughout the day (except at lunch). JK/SK students are encouraged to wear masks.

Parents/visitors should wear a mask when on school property, even during drop-off/pick-up.



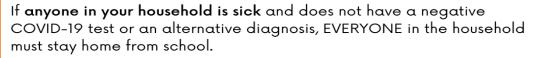
Students and staff need to wear masks everywhere on school property, even
OUTDOORS during recess.





Students should **bring four (4) masks to schools each day** and a clean paper or breathable cloth bag to store them in.

Entire Household Treated the Same







If anyone in your household has travelled outside of Canada, EVERYONE must stay home from school until their 14-day quarantine period has ended.



If anyone in your household was identified as a high-risk/close contact of a COVID-19 case, EVERYONE in the household must stay home from school until notified they can return.

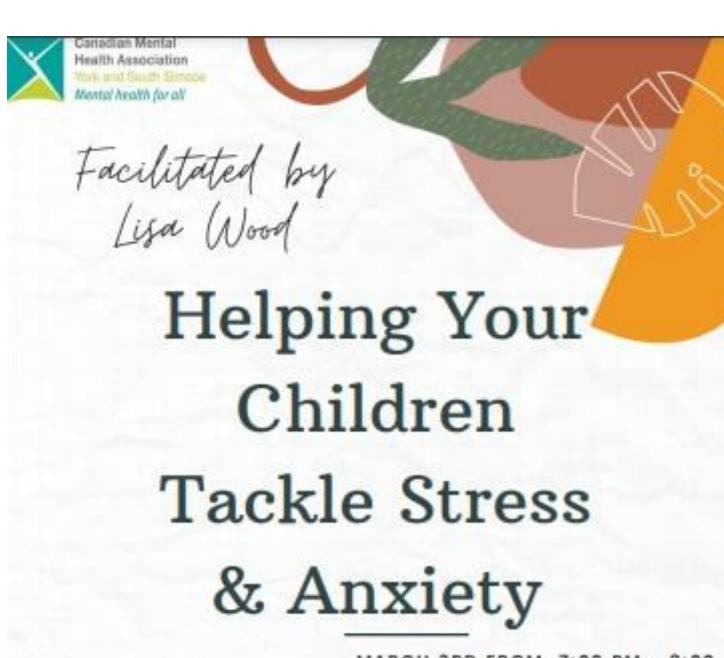
Updated Screening



All students and staff must complete the York Region Public Health school and child-care screening tool before going to school each day. DAILY CONFIRMATION of screening is required for staff and secondary students.

^{*}Special accomodations may be made in some circumstances. Please visit www.ycdsb.ca for more details.





MARCH 3RD FROM 7:00 PM - 8:00

THIS FREE INTERACTIVE WORKSHOP FROM
THE CANADIAN MENTAL HEALTH
ASSOCIATION EXPLORES STRESS AND
ANXIETY AND PROVIDES PRACTICAL TIPS
ON HOW TO COPE.

