



Holy Spirit Catholic Elementary School

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October 3rd, 2021

Dear Parent(s)/Guardian(s),

This week is Terry Fox Walk Week at Holy Spirit. This Tuesday we also celebrate World Teacher Day. We have several events taking place this week, so please take an opportunity to review the information below for more details.

New Beginnings/Giving Thanks Mass & Thanksgiving Liturgy

On Tuesday, October 5th we will be celebrating Mass live with Father Frank. The parish will be sharing a live link with our Aurora area schools and we look forward to being able to celebrate together.

On Friday, October 8th at 12:30 p.m. our Grade 5 classes will be sharing a special Thanksgiving liturgy with our school. If you would like to join us for the liturgy, please use this live [link](#).

Terry Fox Walk 2021 & Terry Fox Spirit Day

This Wednesday, October 6th students are encouraged to wear red and white in support of our Terry Fox Walk Week at Holy Spirit School. Please see the letter attached in the email for more information.

Holy Spirit Thanksgiving Food Drive

This Friday, October 8th, 2021, Holy Spirit will be holding a one-day food drive for the Aurora Food Pantry. Please see the letter attached in the email for more information. We hope you can help brighten the lives of those in need within our community this Thanksgiving holiday.

School Items

As a friendly reminder, please remember to maintain physical distancing when on school property. It is also encouraged that parents wear a mask when on school property to ensure the safety of everyone. Thank you for your cooperation.

Secondly, please ensure that your child has extra masks as well as a change of clothes at school. The hallway hooks and racks can be used to store these items if they are in reusable Ziploc bags, labelled with your child's name.

Kindergarten Entry Update

Last week, our Kindergarten students began staying outside for recess at 8:10 a.m. under the supervision of our ECE staff. I'd like to thank our parent community for their cooperation in keeping the sidewalk clear for our students to safely enter the school yard.

Mental Health News

We hope everyone is beginning to settle back into routine! In October, we focus on the virtue of compassion. October 10th is World Mental Health Day and this year's theme is "Mental Health In An Unequal World." We continue to encourage compassion as we try to eliminate the stigma around mental health and seeking support. Here are some resources to encourage help-seeking and decrease stigma: [Circle of Support](#), [Reaching Out](#), [No Problem Too Big or Too Small](#) and [Be There](#).

We also celebrate Thanksgiving this month. Activities of gratitude and appreciation for all that we have, help us manage stress and bring more positivity and joy in our lives. Gratitude activities you can try at home can be found [here](#).

Yours in Catholic Education,

Mr. A. Modica

Principal

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