



Holy Spirit Catholic Elementary School

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Telephone: (905) 713-6813 • Fax: (905) 713-6744

November 28th, 2021

Dear Parent(s)/Guardian(s),

I hope you had an opportunity to enjoy the beautiful winter weather today. A reminder that students should always come to school dressed appropriately for the weather. This includes hats, scarves, boots, gloves, and snow pants. Please take an opportunity to review the images and information below for more details on our upcoming week and important school events taking place at Holy Spirit CES.

Kindness Week: November 22nd – 26th



Thank you to our students and staff for their participation in our Kindness Week activities, which included an amazing anti-bullying magic show with Coby the Magician. While our kindness week has ended, we are continuing to encourage our students to practice kindness every day in their thoughts, words, and actions.

Safe Arrival Update

Our Safe Arrival System helps to ensure student safety throughout the day. We kindly remind parents that if your child is going to be absent that you use our Safe Arrival System to report these absences. We also ask that this system be used to report student appointments or if they are leaving for any other reason throughout the day.

Christmas Music Class Videos

This year, while following our Covid-19 protocols as per the YCDSB re-entry plan, our Kindergarten and Primary classes will be participating in a Christmas song initiative. Classes will be recorded singing a Christmas song as part of their music class. The class video will be shared in your child's Google Classroom. If you would not like your child to be recorded, please let your child's teacher or the office know this week. We ask that once the video is shared that parents do not take pictures or videos of the recording. To protect the privacy of all of our students no videos or pictures should be posted to any social media.

Updated Dismissal

I would like to take the opportunity to thank our parent community for their cooperation with our early dismissal times. With the winter weather upon us, it will take longer for our students to

prepare for the end of the day. As a result, beginning on **Monday, December 6th, 2021, we will go back to having school-wide dismissal at 2:55 pm.**

Progress Report Technical Support

Should you require assistance with your parent portal account to access progress reports please visit the YCDSB helpdesk at <http://help.ycdsb.ca/vle/>. A live chat is available for support.

YCDSB Mental Health Team Webinar: Surviving the Holidays

December is the month of hope. As we enter Advent and prepare to celebrate Christmas, there is a lot of planning and organization that help make the holidays a special time. For some, the holidays can become another stressor.

Join us and the York Catholic Parent Involvement Committee on December 9 at 7:00 pm for “Surviving the Holidays: The Most ~~Wonderful~~ Stressful Time of the Year” (presented by Pine River Institute’s Center For Family Initiatives).

Together we will learn how to cultivate peace and wellness over the holidays so we can focus on what is really important; preparing our hearts for the coming of Jesus and spending time with the people we love. Learn about expectations vs. reality, managing stress in children, and yourself, and navigating difficult family dynamics.

Register for the workshop [here](#). Merry Christmas to all our YCDSB families!

Hot Lunch News and Updates

As we prepare to restart our hot lunch program in the new year we are seeking volunteers who are available to help on Mondays, Wednesdays, or Fridays from 10:30 -11:30 a.m.

Our Catholic School Council is aiming to begin the program in mid-January. Please email daniellecalleri@hotmail.com if you are interested.

Yours in Catholic Education,

Mr. A. Modica

Principal

anthony.modica@ycdsb.ca

The Mental Health Team, together with the York Catholic Parent Involvement Committee, invite you to:

Surviving the Holidays:

^{stressful}
The most ~~wonderful~~ time of the year?

Presented by

Pine River Institute's Centre for Family Initiatives

Thursday, December 9th

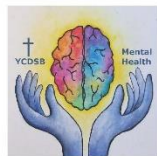
7:00-8:00 p.m.

Everyone needs a break after the year we've just had, yet for many of us, the holidays become another stressor, rather than a time for us to relax and enjoy time with family. Expectations of yourself and others can create tensions in the family, and poor sleep, diet, and lack of routine, can escalate the anxiety felt around the home.



Presenter:
Amanda Lamb
CFI Director

Recognizing that things may look different this year, we can cultivate peace and wellness over the holidays so we can focus on what is really important, spending time with the people we love. Learn about expectations vs. reality, managing stress in children, and yourself, and navigating difficult family dynamics.



[Register here](#)