



Holy Spirit Catholic Elementary School

315 Stone Road, Aurora, ON L4G 6Y7
Telephone: (905) 713-6813 • Fax: (905) 713-6744

November 21st, 2021

Dear Parent(s)/Guardian(s),

Thank you for your participation in Parent-Teacher interviews this past Thursday and Friday. We are looking forward to our Kindness week which begins on Monday. Please take an opportunity to review the images and information below for more details on our upcoming week and important school events taking place at Holy Spirit CES.

Kindness Week: November 22nd – 26th



Progress Report Technical Support

This past week our progress reports were available electronically through our parent portal. Should you require assistance with your account please visit the YCDSB helpdesk at <http://help.ycdsb.ca/vle/> for support. There is a live chat available.

Town of Aurora “Strong in Sport Program” (For Girls in Grades 4-6)

The Town of Aurora is offering pre-teen girls the opportunity to participate in a physical literacy program that promotes physical activity, mindfulness, and confidence-boosting skills. The goal of the program is to provide a safe, welcoming environment to engage in physical activity and build connections with other girls. Registration has begun. The program costs \$40 and runs from January to March 2022. Please see the flyer below for details.

YCDSB Mental Health Team Webinar: Surviving the Holidays

The YCDSB Mental Health Team together with the York Catholic Parent Involvement Committee, are excited to co-host a webinar from Pine River Institute’s Center for Family Initiatives: **Surviving the Holidays: The most wonderful-stressful time of the year.**

The webinar is scheduled for Thursday, December 9th at 7 pm and is open to all YCDSB school communities. The link to register can be found [here](#). Please see the flyer below for details.

Picking Up Items

If you require essential homework items that cannot be accessed via Google Classroom due to absences, please notify the classroom teacher and call the main office directly to arrange a pick-up after school hours.

Hot Lunch News and Updates

As we prepare to restart our hot lunch program in the new year we are seeking volunteers who are available to help on Mondays, Wednesdays or Fridays from 10:30 -11:30 a.m. Our Catholic School Council is aiming to begin the program in mid-January. Please email daniellecalleri@hotmail.com if you are interested.

Kiss and Ride Information

We kindly ask that if you are dropping off students in the morning that you continue to use the Kiss and Ride to drop-off students. The Kiss and Ride is an opportunity for students to be dropped off and independently walk to their schoolyard area. If you wish to walk your child to school, we ask that you use street parking where available.

Yours in Catholic Education,

Mr. A. Modica

Principal

anthony.modica@ycdsb.ca

STRONG IN SPORT



The Town of Aurora is excited to launch the **Strong in Sport**, female only pre-teen program that includes an introduction to physical activity, three sports, mindfulness and confidence building. Led by all-female coaches, the program will provide a safe space to share strengths, build new friendships and build skills in a variety of sports. **Females not participating in, or new to sport and physically active, this program is for you.**

January 20 to March 10

When: Thursdays 4 p.m. to 5:30 p.m.

Location: Aurora Family Leisure Complex

Ages: 10 to 12 years

Cost: \$40



Registration will open on **November 8, 2021** (Aurora residents).
Use program code **23565** to register through **aurora.ca/eplay**.
Non-resident registration will open **November 15, 2021**.

For more program details visit aurora.ca/stronginsport.

For more information
on available subsidies contact youth@aurora.ca.

   aurora.ca


AURORA

The Mental Health Team, together with the York Catholic Parent Involvement Committee, invite you to:

Surviving the Holidays:

The most ~~wonderful~~^{stressful} time of the year?

Presented by

Pine River Institute's Centre for Family Initiatives

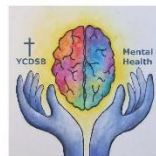
Thursday, December 9th

7:00-8:00 p.m.

Everyone needs a break after the year we've just had, yet for many of us, the holidays become another stressor, rather than a time for us to relax and enjoy time with family. Expectations of yourself and others can create tensions in the family, and poor sleep, diet, and lack of routine, can escalate the anxiety felt around the home.



Recognizing that things may look different this year, we can cultivate peace and wellness over the holidays so we can focus on what is really important, spending time with the people we love. Learn about expectations vs. reality, managing stress in children, and yourself, and navigating difficult family dynamics.



[Register here](#)