



Holy Spirit Catholic Elementary School

315 Stone Road, Aurora, ON L4G 6Y7
Telephone: (905) 713-6813 • Fax: (905) 713-6744

April 14th, 2023

Dear Parent(s)/Guardian(s),

Our students participated in great experiences this week with our Comic Art Workshop, excursion to the Toronto Symphony Orchestra, and our Oral Communications Competition.

Next week we are looking forward to our Easter Mass which is scheduled to take place on Monday, April 17th, 2023 at 12:30 pm. The Mass will be organized by our Grade 6 students. There will be seating available for parents who wish to celebrate Mass with us on this day.

Please see the information below for the week of Monday, April 17th, 2023 at Holy Spirit CES.

First Communion & Confirmation Lunch

On Thursday, April 20th, 2023 our Catholic School Council will be hosting a lunch for our students in Grades 2 and 7 in celebration of receiving their Sacrament. Please see the flyer and ingredients list below for details.

Appropriate Dress Code

With the warmer weather upon us, it is a good time to remind our community of Policy 219A: Appropriate Dress Code. We kindly ask that parents review the following with their children to ensure that the policy is being adhered to.

- Shoulder straps: at least three fingers wide;
- Midriff is not visible
- Garments are to have solid fabric rather than mesh or netting
- Shorts must be longer than the length of the student's arms/hands at their side
- Avoid low riding pants so that underwear is not visible
- No wearing hats/hoodies in the school building
- No explicit/inappropriate messaging on shirts/sweaters
- Running shoes are required as outdoor/indoor shoes (both for recess safety & Physical Education)

Students will receive verbal reminders, however, if they continue to not follow the dress code, they will be asked to call home for a change of clothes. We hope that with your support these guidelines can be adhered to.

Holy Spirit Oral Communication School Competition

Congratulations to all of our speakers who took part in our school-level competition on Thursday. They did an excellent job and we would like to recognize their achievements in Oral Communications:

Chelsea Chien, Grace Di Leo, Olivia Haldane, Frank Ornat, Adriana Ramos, Taylor Rantz, and Hayden Smith.

We wish the best of luck to our Junior and Intermediate speakers, Taylor and Olivia who will move on to represent Holy Spirit at the Area C competition.



Parking

A reminder to please be careful and patient when parking and using the Kiss and Ride to avoid accidents and injuries. Please do not double park and do not exit your car. In the mornings, students should independently exit onto the sidewalk with their backpacks to ensure a smooth, safe and quick transition as they walk to their yards.

CSC Meeting

Our next Catholic School Council meeting will take place on Wednesday, April 19th, 2023 at 7:00 pm in our library.

Mental Health Week: Parenting Your Child Through Stress & Anxiety Workshop

The YCDSB Mental Health Team is excited to partner with Common Compass (Ontario non-profit organization which partners with schools to strengthen social-emotional well-being and mental health), for a session jam-packed full of practical, evidence-informed strategies parents can begin using at home today to support their child through stress and anxiety. To participate, parents must register using the child's K-12 account. Please see the flyer attached in the email for information including the link to register. The workshop will be held on May 3rd, 2023.

Ukulele Kids Spring Session

Our second session of Ukulele Kids will begin accepting registrations for students in Grades 1 to 6. If your child is interested please complete the online registration before Monday, April 17th, 2023. Please see the flyer below for details.

Catholic School Council Big Box of Cards Fundraiser

A friendly reminder to please return your order forms along with payments either indicating online (Munch-A-Lunch) or one cheque made payable to Holy Spirit CES by Monday, April 17th, 2023.

If you do not sell any boxes, please return the box in its entirety, to your child's classroom teacher. Purchased boxes will be ordered shortly after April 17th and will be delivered directly to the school to be distributed.

Thank you for supporting our school.

Moving? Let Us Know

Are you moving out of our school area? Are you planning to move schools? Please ensure that you notify our school office of your move. You can call our main office or email the school at hst@ycdsb.ca to notify us of your move and updated address information.

Yours in Catholic Education,

Mr. A. Modica

Principal

anthony.modica@ycdsb.ca

Important Dates:

Mon. April 17th	<ul style="list-style-type: none">• Hot Lunch: Delicious Greek• Easter Mass (12:30 pm)
Wed. April 19th	<ul style="list-style-type: none">• Hot Lunch: Pizza• CSC Meeting 7:00 pm
Fri. April 21st	<ul style="list-style-type: none">• Hot Lunch: A & W



CELEBRATION OF SACRAMENTS



Lunch provided for students by the school council

Thursday, April 20th, 2023

11:20 am in the Gymnasium

Two slices of pizza from Pizza Nova

One fruit skewer

One mini cupcake

One Rougemont juice box



Please let the office know of any dietary restrictions by April 18th.

Juice Boxes

Valeur nutritive	
Nutrition Facts	
pour 1 boîte (200 mL)	
Per 1 box (200 mL)	
Calories 80	% valeur quotidienne*
	% Daily Value*
Lipides / Fat 0 g	0 %
saturés / Saturated 0 g	0 %
+ trans / Trans 0 g	
Glucides / Carbohydrate 21 g	
Fibres / Fibre 0 g	0 %
Sucres / Sugars 19 g	19 %
Protéines / Protein 0 g	
Cholestérol / Cholesterol 0 mg	
Sodium 10 mg	1 %
Potassium 175 mg	4 %
Calcium 20 mg	2 %
Fer / Iron 0 mg	0 %
Vitamine C / Vitamin C 60 mg	67 %
* 5% ou moins c'est peu , 15% ou plus c'est beaucoup	
* 5% or less is a little , 15% or more is a lot	

Ingredients:

Fruit juice from concentrate (water, concentrated apple and/or grape [sulfites], raspberry, Concord grape and blueberry juices), Natural flavor, Concentrated purple carrot, Citric acid, Vitamin C.

Cupcakes

Nutritional information

Nutrition Facts:

Nutrition Facts	
Valeur nutritive	
Per 3 cupcakes (71 g)	
pour 3 petits gâteaux (71 g)	
Calories 300	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 15 g	20 %
Saturated / saturés 4.5 g	24 %
+ Trans / trans 0.2 g	
Carbohydrate / Glucides 40 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 30 g	30 %
Protein / Protéines 2 g	
Cholesterol / Cholestérol 20 mg	
Sodium 200 mg	9 %
Potassium 50 mg	1 %
Calcium 10 mg	1 %
Iron / Fer 0.75 mg	4 %
* 5% or less is a little , 15% or more is a lot	
* 5% ou moins c'est peu , 15% ou plus c'est beaucoup	

Ingredients:

Ingredients: Sugars (icing sugar, sugar, glucose), Shortening (canola, palm, modified palm, modified palm kernel oil), Water, Liquid whole egg, Enriched wheat flour, Soybean and/or canola oil, Sprinkles (icing sugar, palm kernel oil, modified corn starch, corn starch, sunflower lecithin, sunset yellow, tartrazine, brilliant blue, erythrosine, allura red, confectioner's glaze, polysorbate 60), Margarine (contains soybean and modified palm oil), Modified milk ingredients, Modified corn starch, Cocoa powder, Butter, Mono- and diglycerides, Baking powder, Salt, Natural flavour, Soybean lecithin, Allura red, Erythrosine, Beet powder colour, Tartrazine, Propylene glycol mono- and diesters of fats and fatty acids, Citric acid, Polysorbate 60.



**Ukulele
kids™**

A Canada Not-For Profit Corporation

**Join the
ukulele craze sweeping
Great Britain, the U.S. and
now Canada**

Why is the ukulele so popular?

- easiest instrument in the world to learn
- children can sing and play at the same time
- great stepping stone to the guitar
- comes in bright cheery colours
- inexpensive and portable
- simply fun!

**The Ukulele Kids
Formula for Fun:**

kids
+
bright coloured ukuleles
+
great songs
=
**the best time ever
learning a musical
instrument!**



Turn the page for information about Ukulele Kids classes at your child's school

www.ukulelekids.org

Holy Spirit CES Ukulele Kids Club

START DATE: Thursday, April 20, 2023
END DATE: Thursday, June 22, 2023

TIME: 11:20 pm – 12:20 pm
DURATION: 10 weeks
ROOM LOCATION: TBA
PROGRAM OPEN TO: Grades 1 to 6

REGISTRATION: **MUST BE COMPLETED ONLINE**
www.ukulelekids.org

COST:
Beginner: \$149.00 includes 10 lessons and a songbook.

ALL STUDENTS MUST HAVE A UKULELE TO PARTICIPATE.
Ukuleles are available for purchase during registration for \$50.
Colours: Red, Blue, Green, Yellow, Pink, Purple, Orange, Brown

Returning Students: \$139.00 (already have a ukulele and songbook)

ALL PARTICIPANTS MUST REGISTER ONLINE
www.ukulelekids.org

PAYMENT OPTIONS: E-transfer, Cash, Cheque or Credit Card

After Monday April 17, 2023, we cannot guarantee
ukulele colour choice and there will be a \$15.00 late registration fee.

If you need assistance registering, please call Linda Pfeifer
at 416-831-939 or email us at linda@ukulelekids.ca

Online and in-home private lessons available for all instruments.
Register at www.ukulelekids.org

Ukulele Kids is a Canada Not-For-Profit Organization
