



Holy Spirit Catholic Elementary School

315 Stone Road, Aurora, ON L4G 6Y7
Telephone: (905) 713-6813 • Fax: (905) 713-6744

⚡ HST FRIDAY FLASH ⚡

Prayer 🙏

Loving God,

As we have now returned to school and settled into our routines,
We thank You for the joy of learning and the friendships we have rekindled.

We ask for Your guidance as we continue this journey together.

May our hearts be open to knowledge, our minds be curious, and our spirits be filled with kindness.

Help us to support one another and grow in faith and understanding.

May we always reflect Your love in our actions and words.

In Your holy name, we pray.

Amen.

Week at a Glance- September 22-26, 2025

Monday	Sept. 22	<ul style="list-style-type: none">• Grade 7 Immunization Clinic• Junior Cross Country Practice (11:20) 🏃• Int. Boys VB Try-outs 🏐 (3:00 pm)
Tuesday	Sept. 23	<ul style="list-style-type: none">• J/I Stars of the Stage 🎭• Junior Cross Country Practice (11:20) 🏃• Int. Girls VB Try-outs 🏐 (3:00 pm)
Wednesday	Sept. 24	<ul style="list-style-type: none">• J/I Stars of the Stage 🎭• Rowan's Law Day- wear purple• Junior Cross Country Practice (11:20) 🏃• Int. Boys VB Try-outs 🏐 (3:00 pm)
Thursday	Sept. 25	<ul style="list-style-type: none">• Junior Cross Country Practice (11:20) 🏃• Terry Fox Run/Walk: Holy Spirit Fundraising Page• Int. Girls VB Try-outs 🏐 (3:00 pm)
Friday	Sept. 26	<ul style="list-style-type: none">• PA Day- No school for students

Holy Spirit is now on Instagram! 📸 Follow us at @hstces_ycdsb

STARS of the STAGE – In-School Dance Program! (Grade 4-8)

We're so excited to bring the magic of dance and musical theatre right into your child's school here at Holy Spirit CES. Our program is all about movement, music, storytelling, and fun — helping performers of all levels build confidence, creativity, and a lifelong love for the arts. **Please pay via School Day.**

Primary students will have the opportunity to participate in a Dance Program later on in the year.

CATHOLIC SCHOOL COUNCIL

Catholic School Council members have a special commitment to their school. They demonstrate enthusiasm, a desire to make a difference and a willingness to contribute in a meaningful way to strengthen the partnership between school, home and parish.

A reminder that, if you would like to put your name forward and become an active participant in your child's education, please complete this [google form](#) before 3:30 pm on Monday, September 22nd.

ROWAN'S LAW DAY

[Rowan's Law Day](#) (#RowansLawDay) is on the last Wednesday of every September. This year, on **Wednesday, September 24, 2025**, schools across Ontario will recognize this law by educating and engaging students in activities that increase awareness about concussions and share Rowan Stringer's story.

FRESH FROM THE FARM

Orders can be placed [online here](#) between now and October 17th. Delivery will be between November 4 and December 5, with the delivery date being confirmed at least 10 days in advance. Delivery and pick up will be at the school. Thank you for your support!

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WALKING FORMS

During the school year your child's class may take short walking trips within our community, i.e. park. Such local excursions may be planned at various grade levels to support the curriculum. *All excursions will first be approved by the principal, and supervised by the classroom teacher.*

Please visit [School Day to](#) complete the walking permission form. If you are having difficulty, please contact the office or let the teacher know so that we can send home a hard copy. These forms are required before our Terry Fox event.

TERRY FOX WALK/RUN

In 1980, Terry had a dream of a world without cancer. Forty-five years later, Terry's Marathon of Hope lives on. If we work together, we can make such a difference in the lives of so many. Please help fund critical cancer research in Canada by supporting our participation in the 2025 Terry Fox School Run.

You can donate online at: [Holy Spirit Fundraising Page](#)

UPCOMING: (all important dates can be found on the [HST website](#))

- September 30- National Day for Truth and Reconciliation- **wear orange**
- October 1- First Holy Communion Registration Form due at OLG Parish
- October 2- Cross Country Meet
- October 4- Parent Meeting- First Holy Communion at 7pm OLG parish
- October 6- Ms. McNaught's class to STREAM
- October 9- Picture Day 📷
- October 13- Thanksgiving- No School

