



Holy Spirit Catholic Elementary School

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⚡ HST FRIDAY FLASH ⚡

Prayer 🙏

As we continue our journey this week, let us be thankful for the gift of education and the joy of learning together. May our teachers be blessed with wisdom and our children with curiosity. Let us always support each other with kindness and respect.

Amen

Week at a Glance- September 15-19, 2025

Monday	Sept. 15	• Junior Cross Country Practice (11:20) 🏃
Tuesday	Sept. 16	• Junior Cross Country Practice (11:20) 🏃
Wednesday	Sept. 17	• Junior Cross Country Practice (11:20) 🏃
Thursday	Sept. 18	• Junior Cross Country Practice (11:20) 🏃 • Open House/Meet the Teacher (6:30 pm to 7:30 pm)
Friday	Sept. 19	• A great day for learning at HST! 🏠

Holy Spirit is now on Instagram! 📸 Follow us at @hstces_ycdsb

HOT LUNCH VOLUNTEERS NEEDED

We are looking for parent volunteers to help support our Hot Lunch program. The time commitment is from 10:30 a.m. to 11:40 a.m.—whether you can help one day or every day, your support would be greatly appreciated! This is a wonderful way to be involved in our school community and to see our students' smiles firsthand.

If you're interested, please let us know via this [Google Form](#)—we'd love to have you join us!

FRESH FROM THE FARM

I'm excited to share that Holy Spirit is beginning our first fundraiser of the year! Our goal is to use these funds to support our School Nutrition Program. Fresh from the Farm provides a healthy fundraising program by selling fresh Ontario-grown fruit and vegetables.

Please see the flier provided with this week's Friday Flash for more information. Orders can be placed [online here](#) between now and October 17th. Delivery will be between November 4 and December 5, with the delivery date being confirmed at least 10 days in advance. Delivery and pick up will be at the school. Thank you for your support!

Some of the benefits of this fundraiser are:

- Schools keep 40% of sales
- Families enjoy fresh, Ontario-grown fruit and vegetables.
- Fresh from the Farm promotes a healthy school environment while providing an opportunity for students to raise money for school initiatives.

- Supports Ontario farmers and our local economy

KISS 'n RIDE

Thank you to those parents/guardians who are adhering to the guidelines for using the Kiss 'n Ride. You are reminded that this is for quick drop off only. Students **must be able to exit the car independently**. Backpacks should be on laps. Please do not have your child go to the trunk as other cars are quickly coming from behind. **Please refrain from parking and leaving your vehicle in the Kiss 'n Ride.** If you have to park, please use a parking space. Please remember that the parking lot and the Kiss 'n Ride is one way. Thank you for your patience and cooperation in keeping our students safe.

MEET THE TEACHER/CURRICULUM NIGHT

We look forward to welcoming parents/guardians into our school for an opportunity to meet your child(ren)'s teacher and HST staff members on Thursday, September 18th! We thank you in advance for sharing your time equitably with other families.

If you have specific questions that may require more attention or discussion with your child's teacher, there are many additional ways to communicate with your child's teacher (e.g. email, phone call, agenda, any communication platforms teachers offer etc.). Parent/teacher interviews take place in November after distribution of Progress Reports and this is an ideal time to have a more concentrated and private conference. To ensure a safe and respectful environment for everyone during our upcoming Open House, we kindly ask that all children remain supervised at all times.

Back-to-School Reminder: Book Your Child's Eye Exam

Did you know that vision problems can affect learning, reading, and classroom participation? Children often don't realize they have vision issues. That's why a comprehensive eye exam is recommended before school starts. Eye exams are covered by OHIP for all children and can help ensure your child is ready to succeed this school year. Book an appointment with your local optometrist today!

GRADE 7 IMMUNIZATION CLINIC York Region Public Health (YRPH) is offering immunizations for hepatitis B, human papillomavirus (HPV) and meningococcal disease at no cost to Grade 7 students. The Immunization Clinic at Holy Spirit will take place on Monday, September 22. For more information about the school immunization clinics or eligibility for vaccines, call York Region Public Health at 1-877-464-9675 or visit york.ca/immunization

UPCOMING: (all important dates can be found on the [HST website](#))

- September 22- [Grade 7 Immunization Clinic](#)
- September 24- Rowan's Law Day- **wear purple**
- September 25- CSC Election/Meeting 6:30 pm in the library
- September 25- Terry Fox Run/Walk (Rain date is Oct. 3rd) [Holy Spirit Fundraising Page](#)
- September 26- PA Day- no school for students
- September 30- National Day for Truth and Reconciliation- **wear orange**
- October 2- Cross Country Meet
- October 6- Ms. McNaught's class to STREAM
- October 9- Picture Day 😊



