



Holy Spirit Catholic Elementary School

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⚡ HST FRIDAY FLASH ⚡

Prayer 🔍

Throughout the month of October, we continue to reflect on the virtue of compassion:
God of compassion,
You have created us with your love
and you sent Jesus, Your son to teach us how to pray and to live in harmony with one another. May we
always live in Your love. Amen

Week at a Glance- October 27- October 31, 2025

Monday	Oct. 27	• Delicious Greek 🥗 • Blue Jay/ Blue and White Day ⚾️ 🗣️ • 7:45 am Int. Boys' & Girls' Volleyball Practice 🏐 • Student Council Meeting at 11:40 am • 3:15 pm Int. Girls' Vball Exhibition Game @ SJE
Tuesday	Oct. 28	• Pizza Lunch 🍕 • 7:45 am Int. Boys' & Girls' Volleyball Practice 🏐 • 11:40 am Rosary Club in the library 🔍
Wednesday	Oct. 29	• J/I Stars of the Stage 🎭 • Barburrito 🌮 • 11:40 am Int. Girls Volleyball Practice 🏐 • 3:00 pm Int. Boys Volleyball Practice 🏐
Thursday	Oct. 30	• St. Max to visit Grade 8s • J/I Stars of the Stage 🎭 • 11:40 am Int. Boys Volleyball Practice 🏐 • 3:00 pm Int. Girls Volleyball Practice CES 🏐
Friday	Oct. 31	• HALLOWEEN DANCE A THON 🎃 🧛 • Terra Cotta Cookies on Sale \$2.00 🍪 • Subway Lunch 🥪

📷 Follow us at @hstces_ycdsb

THANK YOU: FRESH FROM THE FARM FUNDRAISER

We extend our heartfelt thanks to all the families who supported our *Fresh from the Farm Fundraiser* by purchasing fruit and vegetable bundles. Together, we raised **\$407.20**, which will be used to provide nutritious snacks for our Student Nutrition Program. Your generosity and commitment to our school community are truly appreciated. Pick-up details will be shared as soon as they are finalized by the provider.

HALLOWEEN DANCE A THON

DONATIONS



This is the final week to collect pledges for our Dance-a-Thon! This is our biggest fundraiser of the year and we are so grateful for your generous support. There are lots of exciting prizes to be won, and we know all students will have a fantastic time dancing and celebrating together!. A reminder that:

- Online donations are encouraged through www.canadahelps.ca.
- Donations of \$3 or more will receive an immediate tax receipt after the online donation has been made.
- Cash donations will be accepted. No change will be given.



SCHEDULE

Time	Grades/Division
8:45 - 9:45	Kindergarten
10:15 - 11:15	Primary
12:35 - 1:35	Junior
1:45 - 2:45	Intermediate

A D.J. has been booked for the day. The D.J. will be playing Halloween-themed and Top 40 music appropriate for school.

Parents/Guardians in Kindergarten to Grade 3 are welcome to attend during their times. All visitors must sign in at the office.

Please note that the schedule is subject to change.

TERRA COTTA COOKIE SALES NEXT FRIDAY

Next Friday, Student Council will be selling Terra Cotta peanut free cookies for \$2.00. Any profits earned will be added to our Halloween Fundraiser Total. Please see a list of the cookie ingredients below:

Chocolate Chip Delite: Enriched wheat flour, sugars (brown sugar, sugar), semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, vanilla extract), liquid whole egg, soybean and modified palm oil margarine, unsweetened applesauce (apples, ascorbic acid), soluble vegetable fiber (corn), baking soda.

Vanilla Seasonal Cookies (Pumpkin) Enriched wheat flour, Sugars (Sugar), soybean and modified palm oil margarine, *sprinkles, Liquid whole eggs, soluble vegetable fiber (corn), Natural Flavour Pumpkin Cookie orange sprinkles: icing sugar, fractionated palm kernel oil, corn starch, glucose, soya lecithin, FD & C artificial colors (yellow #6), gum arabic, carnauba wax.

YOUTHSPEAK

On November 13th, Holy Spirit CES will welcome YouthSpeak Charity, for engaging in-person sessions to support our well-being & equity initiatives within our school community. They will be speaking to students from grades 1 to 8 about Inclusivity and Anti- Racism.

Holy Spirit CES

welcomes YouthSpeak Charity, for engaging in-person sessions to support our well-being & equity initiatives within our school community.

Program:

Inclusivity & Anti-Racism



Students will:

- 1 Be **inspired** by personal stories of trained youth speakers
- 2 Increase **empathy** and understanding for others
- 3 Learn various coping tools and **strategies** for self-care and navigating the digital space
- 4 Gain information on youth and culturally-specific mental health **resources**

YouthSpeak Charity is dedicated to youth mental health and well-being. In 20 years, we have reached over 350,000 youth & caring adults through 3250+ speaking events throughout Ontario.

YouthSpeak's vision is for all youth to be inspired and empowered to live resilient and meaningful lives.

www.youthspeak.ca

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office@youthspeak.ca



@YouthSpeakCan



@YouthSpeakCan



@YouthSpeakCan



@YouthSpeakCan



@YouthSpeakCharity

ERADICATION OF POVERTY

Thank you for your generous support of the eradication of poverty campaign. I am thrilled to let you know that Holy Spirit raised **\$594.45** this year. These funds will directly support YCDSB families – helping with school supplies, transportation, nutrition and other essential needs that remove barriers to regular school attendance.

UPCOMING: (all important dates can be found on the [HST website](#))

- November 5- Photo Re-Take Day
- November 7- Dairy Farmers Presentation (FDK-Grade 1)
- November 13- YouthSpeak: Anti-Racism presentations
- November 17-21- Anti-Bullying Awareness and Prevention Week
- November 18- Progress Reports Available on Parent Portal at 4:00 pm
- November 20- Parent/Teacher Conferences

- November 21- PA Day Parent/Teacher Conferences

