



Holy Spirit Catholic Elementary School

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⚡ HST FRIDAY FLASH ⚡

Prayer 🙏

Lord, bless the teachers who give their heart to teaching.
Thank you for the special gifts that you have given them and for giving them
a spirit of grace and compassion.

May they have strength and endurance to perform their many tasks,
and may they know and feel the deep gratitude of those whom they teach.

We ask this through Christ our Lord. Amen

Week at a Glance- October 6- October 10, 2025

Monday	Oct. 6	<ul style="list-style-type: none">• Int. Boys and Girls VB Practice at 7:45 am 🏐• Ms. McNaught's class to STREAM 🔍
Tuesday	Oct. 7	<ul style="list-style-type: none">• Int. Boys and Girls VB Practice at 7:45 am 🏐
Wednesday	Oct. 8	<ul style="list-style-type: none">• Last day to order Hot Lunch www.munchalunch.com• Int. Boys VB Practice at 3:00 pm 🏐• J/I Stars of the Stage 🎤🎶
Thursday	Oct. 9	<ul style="list-style-type: none">• Picture Day 📷• J/I Stars of the Stage 🎤🎶• Int. Boys VB Practice at 11:20 am 🏐• Int. Girls VB Practice at 3:00 pm 🏐
Friday	Oct. 10	<ul style="list-style-type: none">• Int. Girls VB Practice at 11:20 am 🏐

📷 Follow us at @hstces_ycdsb

Student Safety Is Paramount And We Need Your Support!

Thank you to all of you who are respecting the guidelines of our Kiss & Ride. For the most part, with a little bit of patience, it is running smoothly. When using the Kiss & Ride, please pull up and have your children ready to exit your vehicle (with their knapsack in hand). This is NOT a "stop & get out" area. In order to keep the flow of cars coming through, and avoid a pile-up of cars on the road or blocking our bus loop, we ask that you move slowly through the area. Drive into the Kiss & Ride and make your way to the very end of the loop so we can get as many cars in as possible without having cars passing each other in our parking lot. Thank you all for your patience and support! By working together we can keep all of our children safe!

VIRTUE OF THE MONTH: COMPASSION

This month we celebrate the virtue of compassion. In Luke's Gospel we read, "Be compassionate as God is compassionate." (Luke 6:17) Although we might first think of gratitude and thanksgiving as being most

clearly important to recognize in October, compassion is also an associated virtue. We understand compassion not only as the ability to empathize with another person but also to act on behalf of that person. If we are truly compassionate then we will be able to express thanks or gratitude more genuinely for others because we truly care about them.

- I will seek to understand others by listening.
- I will be willing to forgive others
- I will give of my resources to help those in need.

CROSS COUNTRY MEET

On Wednesday, October 2nd, many students from grades 4 through 8 participated in the area cross country meet at Bruce's Mill. We are incredibly proud of all our students for showing up to practice each day and giving their best on race day. Holy Spirit finished the day in 3rd place (out of 10 schools)! Great job, everyone! Thank you to all of our cross country coaches: Ms. Pineda, Mr. Bonavota, Ms. Fratto, Ms. Tonelli, Ms. Boulay, Ms. Brac, Ms. Barbaro, Ms. Perciballi.

A special shout out to the following students who are moving on to the board finals:

Junior Division: Jackson K, Emily T., Domenic S. and Matthew B.

Intermediate Division - Gianluca L. & Taylor R.

TERRY FOX WALK

We would like to thank all students, parents, and staff for their support towards our Terry Fox Walk. As a community, we raised **\$1355.00**, which was donated directly to the Terry Fox Foundation.

Thank you for your continued support of our fundraising efforts. May we always find strength and inspiration in one another, and may our collective efforts continue to make a difference. Together, let us carry forward the spirit of hope and perseverance that Terry embodied.

WORLD TEACHER DAY

This Sunday, October 5th is World Teachers Day. Around the world the United Nations acknowledges this day and recognizes teachers for the good that they do. We are grateful to be blessed with wonderful teachers here at Holy Spirit!. Let us remember to be grateful for our teachers not just on World Teachers Day but every day.

🎃 CALL OUT FOR PRIZE DONATIONS! 🧛‍♀️

Our Halloween Dance-a-Thon is just around the corner, and we're looking for prize donations to make it extra fun for our students. **If you're able to contribute a prize or a gift card, we'd love your support. All donations can be dropped off at the school office. Please email julie.snyder@ycdsb.ca if you are able to help.** Thank you for helping us make this spooktacular event a success! More details about the event and how prizes will be distributed will be sent home soon. ❤️

FRESH FROM THE FARM

Orders can be placed [online here](#) between now and October 17th. Delivery will be between November 4 and December 5, with the delivery date being confirmed at least 10 days in advance. Delivery and pick up will be at the school. Thank you for your support! Please note that all money raised will be used for our Healthy Snack Program that is described below. **We are well below the required 40 orders needed. Please consider placing your order today!**

HEALTHY SNACK PROGRAM 🍎

We are excited to begin our Healthy Snack Program next week. The goal of the program is to support learning and development. Providing nutritious snacks helps to fuel students' bodies so they can learn and focus. There will be approximately 5 snacks per delivery (1 snack = 2 food items from 2 different food groups, one of which must be a fruit or vegetable). Snacks will be delivered by student helpers on **Tuesdays and Thursdays before last recess.** The Healthy Snack Program is not to replace the need for students to bring snacks from home, or replace snacks from home. Thank you to Ms. Boulay and Ms. Barbaro for this initiative. Please note that we are aware of all known student food allergies, and work our program around those. We are grateful for the support from York Public Health who help with funding for this program.

UPCOMING: (all important dates can be found on the [HST website](#))

- October 13- Thanksgiving- No School
- October 14- Hot Lunch begins
- October 17- Last day to order Fresh from the Farm
- October 20- Mass with Father Rony
- October 24- PA Day
- October 31 Halloween Spook A Thon

